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THE UNIVERSITY OF IOWA
Center for Conferences
250 Continuing Education Facility
Iowa City, Iowa 52242-0907

Iowa Association for Play Therapy 2010 Annual Conference



www.iowaa4pt.org

featuring

Dr. Terry Kottman

and

Dr. Jeff Ashby

co-presenting

Creative Play Therapy Techniques

for Working with

Children and Adolescents

*(Have extra fun and earn ethics CEUs
at our special pre-conference ethics workshop
presented Wednesday evening
by Dr. Jeff Ashby!)*

Wednesday, Thursday & Friday
September 22, 23 & 24, 2010
Holiday Inn Hotel and Conference Center
Coralville, Iowa





Purpose and Intended Audience

Full day presentations will focus on play therapy theory/techniques which play therapists, social workers, counselors, psychologists, nurses, family therapists and child psychologists will find useful in their work with children, adolescents and families. The 3 hour ethics workshop will focus on mental health/social work ethics with emphasis on play therapy practice.

Continuing Education Credits

Each full-day presentation is approved for 6.5 hours, and the ethics workshop is approved for 3 hours for:

- Association for Play Therapy Approved Provider 07-195 (IAPT)
- General CEU (University of Iowa)
- National Board of Certified Counselors (NBCC)

Unlisted programs (Social Work, Behavioral Science, Psychology, etc):
Please reference your particular licensure requirements to determine if the program will meet guidelines for your profession for continuing education credits for both full day workshops and the ethics workshop. Certificates of attendance will be provided for record of CEU's at no charge. Cost is \$10 per CEU if you would like a formal letter of CEU credit and to have a record kept of your attendance for future reference by the Center for Conferences.

Special Needs

If you are a person with a disability who requires accommodations in order to participate in this program, need special seating or menu choices, please contact the Center for Conferences directly (319/335-4141) at least two weeks prior to the conference. The Iowa Association for Play Therapy prohibits discrimination in its education programs and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference.

Name _____
(Last) (First)

License,/Credentials: _____
(LISW, Ph.D., LMHC, LPC, RPT, RPT-S, etc)

Work Place _____

Address _____

(City, State, ZIP)

Daytime Phone (____) _____ Fax (____) _____

Email _____

_____ Please **DO NOT** place my name/address on conference participant list.

Please indicate type of CEU (\$10 each, formal letter to follow):

_____ General _____ NBCC _____ APT _____ SW _____ APA

If you are registering for one day only, please circle day of attendance:

Registration Fee	Two Day	Thur OR Fri	Ethics	Total
APT Member	\$225	\$145	\$75	\$ _____
Nonmember	\$245	\$165	\$75	\$ _____
Student	\$150	\$100	\$75	\$ _____
*CEU fee(s)	\$10 each	\$10 each		\$ _____

\$10 discount given for registrations received by 7/1/10

Total Enclosed \$ _____

Enclose a check payable to the Center for Conferences

OR provide Visa/Mastercard (circle) number—list all numbers on card

_____ Exp date _____

Signature of Cardholder _____

Address _____

Printed name of Cardholder _____

To register online: www.continuetolearn.uiowa.edu/conferencereg

Location

The conference will be held at the Holiday Inn Hotel and Conference Center, 1220 First Avenue, Coralville, Iowa 52241. The hotel is located off I-80, exit 242. Parking is free. *The temperature of the rooms varies, so please bring a sweater or jacket. You may be reached during the conference by contacting the Holiday Inn directly at (319) 351-5049.*

Lunch

Lunch is included in the cost of attending the full day workshops. There will be a continental breakfast Thursday and Friday along with morning and afternoon snacks and beverages at the breaks.

Lodging

A block of rooms has been reserved for conference participants at the Holiday Inn and Conference Center at a special rate of \$95 per single or double room, plus taxes. You may make your reservation by calling 319/351-5049 before August 30, 2010, at which time rooms will be released. *Participants are responsible for obtaining their own lodging. When making your reservations, you must indicate you are attending the Iowa Association for Play Therapy Conference.*

Loot (Shopping)



IAPT is very fortunate to again have the Self-Esteem Shop available to offer play therapy-specific books and toys. Don't forget to enter your name for the prize drawings!

About Our Presenters

Terry Kottman, Ph.D., NCC, RPT-S, LMHC, founded The Encouragement Zone, a center where she provides play therapy training and supervision, life coaching, counseling, and "playsshops" for women. She regularly presents workshops on play therapy, activity-based counseling, counseling children, school counseling, and life coaching. Prior to founding The Encouragement Zone, Terry held a number of different child-



and education-focused jobs, from daycare provider to teacher to professor of Counselor Education and director of the Child and Family Resource Clinic at the University of North Texas. Terry developed Adlerian play therapy, an approach to counseling children that combines the ideas and techniques of Individual Psychology and play therapy. She is the author and co-author of numerous books, book chapters and journal articles on counseling themes and play therapy. Terry is also Jacob's mother and Rick's wife-by far the most

important and favorite of the many things she does.

Jeff Ashby, Ph.D., ABPP is a Professor in the Department of Counseling and Psychological Services at Georgia State University. He is the Director of Georgia State's Counseling Psychology doctoral program, a licensed psychologist, and a Diplomate of the American Board of Professional Psychology. He has taught ethics for mental health professionals for over 15 years and has served as a committee member and the Chair of the Ethics Committee of the International Association of Play Therapy. He has also served as an ethics content expert with the State of Georgia Psychology board. He has made over 70 presentations at professional conferences and authored/co-authored over 50 articles in refereed journals, numerous book chapters, and two books.



**Mail or fax completed registration form (back page), with payment to:
UI Center for Conferences**

**250 Continuing Education Facility, Iowa City, IA 52242-0907
319/335-4141 Fax 319/335-4039 Toll Free 800-551-9029
conferences@uiowa.edu**

A \$25 fee will apply for cancellations received by 9/10/10 to the Center for Conferences. No refunds will be given after that date. Students must include proof of student status with registration form. APT membership will be verified.

Registration is LIMITED so register EARLY.

**WEDNESDAY: Ethical Decision Making in Play Therapy:
Models & Applications**

Participants will review ethical theories and models of ethical decision-making relevant to play therapy or social work and other mental health applications. Special emphasis will be placed on developing understanding of decision-making processes used in arriving at ethical courses of action in four primary areas of emphasis in professional ethics codes and the APT Practice Guidelines: a) informed consent, b) confidentiality, c) competence, and d) multiple relationships. Using case studies and vignettes, participants will be invited to consider what might be the best course of action in a variety of play therapy scenarios presenting ethical dilemmas.

Schedule: Wednesday, September 22, 2010, 4:00 to 7:00 PM

THURSDAY: Play, Adventure, Art, and Playful Life Coaching

Be prepared for fun, active learning, and floor time while learning play therapy, adventure therapy, art techniques, and playful life coaching strategies to help child and adolescent clients gain a sense of belonging and positive identity, improve self-concept, practice appropriate expression of feelings, build relationships, enhance problem solving skills, and gain personal power in positive ways.

Schedule: Thursday, September 23, 2010

8:00-8:45 Registration

8:45-4:45 Presentation

Breaks: 10:00-10:15 and 2:45-3:00. Lunch 12:00-1:30

IAPT Annual Meeting: 5:00-5:45 (open to all attendees)

FRIDAY: Play, Sand Tray, Bibliotherapy, Parent/Teacher Consultation

The fun continues in this exciting workshop in which you will get to experience a wide variety of play therapy, directive sand tray play therapy activities, and bibliotherapy that you can use with your child, preteen, and teen clients. You can use the strategies presented in this workshop to help your clients improve their communication skills, learn conflict resolution strategies, and build connections between youth and their parents, other family members, and teachers.

Schedule: Friday, September 24, 2010

8:00-8:30 Registration

8:30-4:00 Presentation

Breaks: 10:00-10:15 and 2:30-2:45. Lunch 12:00-1:00

4:00 Evaluations, Certificates, Adjourn

Learning Objectives for Pre-Conference Ethics Workshop

As a result of this presentation, attendees will:

- understand the assumptions and theories behind ethical decision making models
- be able to identify several models for ethical decision-making in play therapy, social work and other mental health settings
- understand how to apply those models to common play therapy, social work and other behavioral health ethical dilemmas.

Learning Objectives for Two-Day Conference

After the sessions, participants will be able to use:

- selected play therapy and adventure therapy techniques
- art and expressive arts techniques,
- directive sand tray techniques
- playful life coaching strategies
- bibliotherapy strategies

with child and adolescent clients to increase their ability to

- connect with others and build relationships,
- learn to take appropriate risks
- improve a sense of self-worth and self-confidence
- enhance their ability to solve problems
- communicate thoughts and feelings
- resolve conflicts

Additionally, participants will be able to use selected sand tray play therapy techniques and playful life coaching strategies with parents and teachers to help them better relate to children and resolve family and classroom difficulties.