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THE UNIVERSITY OF IOWA  
Center for Conferences  
250 Continuing Education Facility  
Iowa City, Iowa 52242-0907

# Iowa Association for Play Therapy 2011 Annual Conference



[www.iowaa4pt.org](http://www.iowaa4pt.org)

*featuring*

## Paris Goodyear-Brown

*presenting*

**Flexibly Sequential Play  
Therapy (FSPT):  
A Developmentally  
Sensitive Model  
of Trauma Treatment  
for Children**

Thursday & Friday  
September 15 and 16, 2011  
Holiday Inn and Conference Center  
Coralville, Iowa





## Purpose and Intended Audience

Full day presentations will focus on play therapy theory and techniques which play therapists, social workers, counselors, psychologists, nurses, family therapists and child psychologists will find useful in their work with children, adolescents and families.

## Continuing Education Credits

Each full-day presentation is approved for 6.5 hours for the following:  
Association for Play Therapy Approved Provider 07-195 (IAPT)  
General CEU (The University of Iowa)  
National Board for Certified Counselors (NBCC)  
Unlisted programs (Social Work, Behavioral Science, Psychology, etc):

Please reference your particular licensure requirements to determine if the program will meet guidelines for your profession for continuing education credits for both full day workshops. Certificates of attendance will be provided for record of CEUs at no charge. Cost is \$10 per CEU discipline if you would like a formal letter of CEU credit and to have a record kept of your attendance for future reference by the UI Center for Conferences.

## Special Needs

If you are a person with a disability who requires accommodations in order to participate in this program, need special seating or menu choices, please contact the UI Center for Conferences directly (319/335-4141) at least two weeks prior to the conference.

The Iowa Association for Play Therapy prohibits discrimination in its education programs and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference.

Name \_\_\_\_\_  
(Last) (First)

License/Credentials: \_\_\_\_\_  
(LISW, Ph.D., LMHC, LPC, RPT, RPT-S, etc.)

Work Place \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_  
(City, State, ZIP)

Daytime Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_ Please **DO NOT** place my name/address on conference participant list.

Please indicate type of CEU (\$10 each, formal letter to follow):

\_\_\_\_General \_\_\_\_NBCC \_\_\_\_APT \_\_\_\_SW \_\_\_\_APA

*We recommend attending both days to keep continuity of workshop content.  
If you are registering for one day only, please circle day of attendance:*

Registration Fee	Before 7/1	After 7/1	Thur OR Fri before 7/1	After 7/1
APT Member	\$215	\$225	\$135	\$145
Nonmember	\$235	\$245	\$155	\$165
Student	\$140	\$150	\$90	\$100

\*CEU fee(s) \$10 for each type of CEU requested

Total Enclosed \$ \_\_\_\_\_

Enclose a check payable to the UI Center for Conferences  
OR provide Visa/Mastercard/Discover

CC# \_\_\_\_\_

Exp date \_\_\_\_\_ 3 Digit Code on back of card \_\_\_\_\_

Name on Card \_\_\_\_\_

Cardholder Address \_\_\_\_\_

To register online go to: [www.continuetolearn.uiowa.edu/UIConferences/](http://www.continuetolearn.uiowa.edu/UIConferences/)  
Call UI Center for Conferences if you need registration assistance 1.800.551.9029.

## Location

The conference will be held at the Holiday Inn and Conference Center, 1220 First Avenue, Coralville, Iowa 52241. The hotel is located off I-80, exit 242. Parking is free. *The temperature of the rooms varies, so please bring a sweater or jacket. You may be reached during the conference by contacting the Holiday Inn directly at (319) 351-5049.*

## Lunch

Lunch is included in the cost of attending the full day workshops. There will be a continental breakfast Thursday and Friday along with morning and afternoon snacks and beverages at the breaks.

## Lodging

A block of rooms has been reserved for conference participants at the Holiday Inn and Conference Center at a special rate of \$95 per single or double room, plus taxes. You may make your reservation by calling 319/351-5049 before August 15, 2011, at which time rooms will be released. *Participants are responsible for obtaining their own lodging. When making your reservations, you must indicate you are attending the Iowa Association for Play Therapy Conference.*

## Loof



IAPT is very fortunate to again have the Self-Esteem Shop available to offer play therapy-specific books and toys. Don't forget to enter your name for the prize drawings!

## About Our Presenter



Paris Goodyear-Brown, MSW, LCSW, RPT-S, is a Licensed Clinical Social Worker and a Registered Play Therapist-Supervisor with 17 years of experience in treating abused and traumatized children. She holds a clinical appointment with Vanderbilt University, serves as adjunct professor and/or guest lecturer for several universities in middle Tennessee, sees clients in an outpatient setting, provides training, consultation and supervision to mental health agencies across the country and has an international reputation as a dynamic speaker on child therapy topics. She is best known for developing evidence-informed, played-based interventions that are used to treat a range of issues related to child psychopathology. She is the creator of the Flexibly Sequential Play Therapy (FSPT) model for treating traumatized children, co-creator of Nurturing Engagement for Attachment Repair (NEAR) and co-investigator on a grant to pilot this protocol with children who have experienced caregiver disruptions and engage in externalizing behaviors. Her clinical and research interests include the treatment of child trauma, particularly child sexual abuse, attachment disturbances and other clinical presentations of anxiety. She has received the APT award for Play Therapy Promotion and Education. She is the author of multiple books, chapters and articles related to child therapy. Her books include *Play Therapy with Traumatized Children: A Prescriptive Approach*, *The Worry Wars: An Anxiety Workbook for Kids and their Helpful Adult*, *Digging for Buried Treasure: 52 Prop-Based Interventions for Treating the Problems of Childhood (Volumes 1 and 2)*, and a bibliotherapy resource entitled *Gabby the Gecko*, and a training DVD called *10 Peas in a Pod*.

Mail or fax completed registration form (back page), with payment to:  
UI Center for Conferences  
250 Continuing Education Facility, Iowa City, IA 52242-0907  
319/335-4141 Fax 319/335-4039 Toll Free 800-551-9029  
conferences@uiowa.edu

On line registration available at [www.continuetolearn.uiowa.edu/UIConferences/](http://www.continuetolearn.uiowa.edu/UIConferences/)  
A \$30 fee will apply for cancellations received by 9/1/11 to the Center for Conferences. No refunds will be given after that date. Students must include proof of student status with registration form. APT membership will be verified.

**Registration is LIMITED so register EARLY.**

## Flexibly Sequential Play Therapy (FSPT) A Developmentally Sensitive Model of Trauma Treatment for Children

This components-based model demystifies play-based trauma treatment by outlining the scope and sequence of trauma specific work with children. Integrating non-directive and directive approaches, this model provides a theoretical scaffold at each point in treatment that supports the selective use of play-based interventions while also demonstrating the traumatized child's self-directed use of the playroom to heal.

The clinical treatment of children is becoming more and more evidence-based. As play therapists, it is necessary that we be able to explain our treatment choices in view of the emerging best practices in the field of child therapy at large. Grounded in a prescriptive paradigm, this new model, Flexibly Sequential Play Therapy (FSPT), translates evidence-informed trauma treatment with children into a sequence of play-based component modules. Each component represents an important dimension of trauma treatment and articulates both a specific treatment goal and accompanying interventions. The child's natural, metaphorically energized use of the playroom is demonstrated through a multitude of case examples and augmented with a variety of prop-based play therapy interventions. The model differentiates between goals of trauma treatment that are best accomplished through non-directive methods and goals that are best served by cognitive-behavioral play therapy interventions, expressive therapy techniques and dyadic treatment approaches. This workshop will interweave didactic teaching with experiential activities, case examples and video clips.

### Schedule: Thursday, September 15, 2011

**8:00-8:45 Registration**

**8:45-4:45 Presentation**

**Breaks: 10:15-10:30 and 2:45-3:00**

**Lunch 12:00-1:30**

**IAPT Annual Meeting: 5:00-5:45 (open to all attendees)**

### Learning Objectives for Thursday, September 15 (Day 1):

- 1) Describe the key principles of doing trauma work with children
- 2) Discuss several ways children seek safety and security in the playroom and describe several play therapy techniques for helping to enhance these feelings in the client
- 3) Explain how to assess a client's coping and name several play therapy techniques for augmenting existing adaptive coping strategies
- 4) Articulate several play therapy techniques for soothing the child's physiology, including parents as therapeutic partners
- 5) Name and describe several play therapy techniques for increasing emotional literacy skills

### Learning Objectives for Friday, September 16 (Day 2):

- 1) Describe the continuum of disclosure within the play therapy environment and define experiential mastery play
- 2) Explain several play therapy techniques for building a coherent trauma narrative
- 3) Name several play therapy techniques for addressing the client's thought life/addressing cognitive distortions
- 4) Recognize and handle leftover anxieties in the client by designing play-based gradual exposure exercises
- 5) Demonstrate several play-based techniques that enhance the client's ability to make positive meaning of the post-trauma self

### Schedule: Friday, September 16, 2011

**8:00-8:30 Registration**

**8:30-4:00 Presentation**

**Breaks: 10:00-10:15 and 2:30-2:45**

**Lunch 12:00-1:00**

**4:00 Evaluations, Certificates, Adjourn**